

# JPMHH

## Journal of Preventive Medicine and Holistic Health

**Volume - 8, Issue - 1, Year - 2022 (www.jpmmh.org)**

Journal of Preventive Medicine and Holistic Health (JPMHH) open access, peer-reviewed Half-yearly journal publishing since 2015 and is published under auspices of the Innovative Education and Scientific Research Foundation (IESRF), aim to uplift researchers, scholars, academicians, and professionals in all academic and scientific disciplines. IESRF is dedicated to the transfer of technology and research by publishing scientific journals, research content, providing professional's membership, and conducting conferences, seminars, and award programs.

With more...

### Call for paper

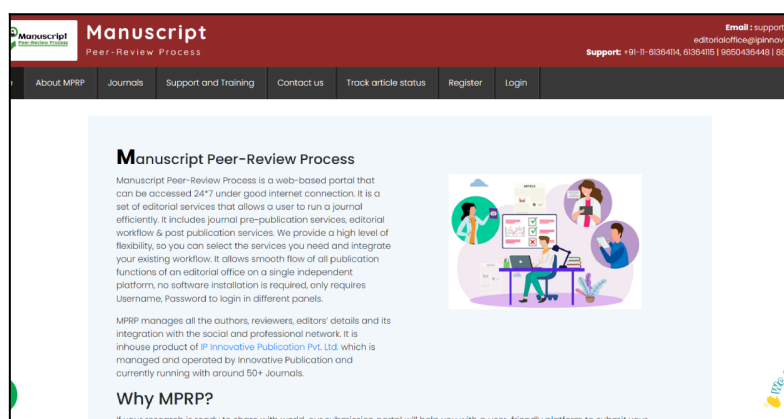
We cordially invite faculty, researchers, and scholars to submission of your valuable contribution to our Upcoming issues. It is a double-blind, peer-review, and Open Access (OA) journal and accepts manuscripts as research papers, review articles, case reports, short communication, etc.

### Manuscript Submission Guidelines

To submit your manuscript, first-time users click the Register button from the submission portal. If you are already a registered user, log in as an author and post your manuscript for further peer-review process. Manuscripts submitted for consideration and inclusion in upcoming issues must follow <https://www.jpmmh.org/info/author> and be submitted by 2025-01-05.

Submit Manuscript

**Advertisement**



Volume - 8

Issue - 1

Year-2022

## CONTENTS

### Editorial:

#### **Diet and physical activities: Knowledge of energy balance 1-2**

*Swapan Banerjee*

### Review Article:

#### **To study the different sources of water and its qualities with health perspective 3-8**

*Nileema Raju Shisode*

#### **Prevention and to stop the progression of fatty liver diseases: Evidence of ayurveda in hand 9-15**

*Ashok Kumar Panda, Suwendu Rout, Amulya Ratna Biswal, Sarbeswar Kar*

### Original Article:

#### **The quality of surface water of river kali and its effect on groundwater in Muzaffarnagar District 16-20**

*Shivam Khurana, Prakhar Agarwal, Shruti Sehgal, Manish Agarwal,  
Santosh K. Raghav, Rajesh Kumar Agarwal*

#### **Smoking among professional college students: Consumption and risk factors 21-24**

*Tamanna Soni, Sumit Bhateja, Geetika Arora, Ankur Bhagat*

#### **Antibiotic prescription pattern of cardiovascular thoracic surgery department in a tertiary care hospital of North Mumbai- A retrospective study 25-29**

*Swapnil Gautam, Dhaval Dalal, Suraj Purusottaman, Kinjal Patel, Madhuri Mahadik*

#### **A retrospective study of the role of Tocilizumab in preventing or controlling cytokine storm in COVID-19 cases 30-34**

*Ajeet Singh Thakur, Swapnil Jain, Bhavya Shah, Arti Julka, J.C. Agrawat*

#### **Assessment of nutritional status of school going adolescents in rural and urban area of north karnataka: A comparative study 35-41**

*Sweta Sinha, Manjula S Patil, Sunanda Halki, Shubham Mohan Sharma*

### Case Report:

**A case report of successful treatment approach for Vaginismus 42-45**

*Rozina Shaikh, Binal Dave*

# Advertisement

**Manuscript**  
Peer-Review Process

Email: support@innovativepublications.com  
editorialoffice@innovativepublications.com  
Support: +91-11-6394914, 61394105 | 9950439446 | 88

About MPRP Journals Support and Training Contact us Track article status Register Login

## Manuscript Peer-Review Process

Manuscript Peer-Review Process is a web-based portal that can be accessed 24\*7 under good internet connection. It is a set of editorial services that allows a user to run a journal efficiently. It includes journal pre-publication services, editorial workflow & post publication services. We provide a high level of flexibility, so you can select the services you need and integrate your existing workflow. It allows smooth flow of all publication functions of an editorial office on a single independent platform, no software installation is required, only requires Username, Password to login in different panels.

MPRP manages all the authors, reviewers, editors' details and its integration with the social and professional network. It is inhouse product of **Innovative Publication Pvt. Ltd.** which is managed and operated by Innovative Publication and currently running with around 50+ Journals.

### Why MPRP?

If your research is ready to share with world, our submission portal will help you with a user-friendly platform to submit your

