

# JPMHH

## Journal of Preventive Medicine and Holistic Health

**Volume - 9, Issue - 2, Year - 2023 (www.jpmmh.org)**

Journal of Preventive Medicine and Holistic Health (JPMHH) open access, peer-reviewed Half-yearly journal publishing since 2015 and is published under auspices of the Innovative Education and Scientific Research Foundation (IESRF), aim to uplift researchers, scholars, academicians, and professionals in all academic and scientific disciplines. IESRF is dedicated to the transfer of technology and research by publishing scientific journals, research content, providing professional's membership, and conducting conferences, seminars, and award programs.

With more...

### Call for paper

We cordially invite faculty, researchers, and scholars to submission of your valuable contribution to our Upcoming issues. It is a double-blind, peer-review, and Open Access (OA) journal and accepts manuscripts as research papers, review articles, case reports, short communication, etc.

### Manuscript Submission Guidelines

To submit your manuscript, first-time users click the Register button from the submission portal. If you are already a registered user, log in as an author and post your manuscript for further peer-review process. Manuscripts submitted for consideration and inclusion in upcoming issues must follow <https://www.jpmmh.org/info/author> and be submitted by 2024-10-16.

Submit Manuscript

**Advertisement**



Volume - 9

Issue - 2

Year-2023

## CONTENTS

### Editorial:

**Recommendation of a customized diet focusing on blood group: An alternative intervention 37-38**

*Swapan Banerjee*

### Review Article:

**Cerebral autoregulation and autonomic nervous system: A narrative review 39-49**

*Prashant Kumar Saini, Sheffy Thomas, Midhula Parakulangara*

**A review on plants possesses anti tubercular activity 50-56**

*Pratiksha Patil, Sneha Joshi, Anil Kumar Prajapati*

**A utility of holistic health in shrimad bhagavad gita and patanjali Yog Sutra: A review 57-65**

*Kavita Negi, Tanushree, Nandani Kumari*

**To review the properties of rice and wheat according to its types as in Ayurveda 66-75**

*Nileema Shisode*

**Prevalence and determinants of occupational injuries among small-scale industry workers in sub-saharan Africa. A systematic review and meta-analysis 76-85**

*Yibeltal Assefa Atalay, Natnael Atnafu Gebeyehu, Kelemu Abebe Gelaw*

### Original Article:

**Prevalence of mental illness among women in an urban slum area of Jaipur: A cross-sectional study 86-96**

*Sweta Sinha, Shubham Mohan Sharma, Prabha Shrivastava, Vishal Bankwar*

**Effect of patanjali yoga sutra on personality development: A randomized controlled trial 97-102**

*Nandani Kumari, Sushma Maurya, Kavita Negi*

**Efficacy of pranic healing for inch-loss 103-105**

*Prachi Renjhen, Ravi Prakash Jha, Saurabh Thirani*

**Study of Escherichia coli and Klebsiella oxytoca isolated from edible leafy greens 106-112**

*Ankush Kabiraj, Sayan Bhattacharyya, Shibani Lahiri*

# Advertisement

**Manuscript**  
Peer-Review Process

**Email:** [support@innovativepub.com](mailto:support@innovativepub.com)  
[editorial@innovativepub.com](mailto:editorial@innovativepub.com)  
**Support:** +91-11-6336474, 6136416 | 9550436446 | 88

[About MPRP](#) | [Journals](#) | [Support and Training](#) | [Contact us](#) | [Track article status](#) | [Register](#) | [Login](#)

## Manuscript Peer-Review Process

Manuscript Peer-Review Process is a web-based portal that can be accessed 24\*7 under good internet connection. It is a set of editorial services that allows a user to run a journal efficiently. It includes journal pre-publication services, editorial workflow & post publication services. We provide a high level of flexibility, so you can select the services you need and integrate your existing workflow. It allows smooth flow of all publication functions of an editorial office on a single independent platform, no software installation is required, only requires Username, Password to login in different panels.

MPRP manages all the authors, reviewers, editors' details and its integration with the social and professional network. It is inhouse product of **Innovative Publication Pvt. Ltd.** which is managed and operated by Innovative Publication and currently running with around 50+ Journals.

### Why MPRP?

If your research is ready to share with world, our submission portal will help you with a user-friendly platform to submit your



